

We Can Cope



For all those working with  
Students At Risk

## Ontario Association For Students At Risk

24<sup>th</sup> Annual Conference



**April 15, 16, 17, 2012**

**Holiday Inn Toronto International Airport  
970 Dixon Road, Toronto, ON M9W 1J9**

# **"We Can Cope"**

## **Conference Agenda**

### **Sunday, April 15, 2012**

3:00 p.m.		Early Check-In and Registration
4:00 p.m.	- 7:30 p.m.	safeTALK training (optional; additional \$30 fee; (space limited to 30 participants)
7:00 p.m.	- 8:00 p.m.	Annual General Meeting
8:00 p.m.	- 10:00 p.m.	Licensed Hospitality

### **Monday, April 16, 2012**

8:00 a.m.	- 8:45 a.m.	Registration & Breakfast
9:00 a.m.	- 9:15 a.m.	Welcoming Address
9:15 a.m.	- 10:30 a.m.	Keynote Address Dr. Kathie Nunley <i>"The Student's Brain"</i>
10:30 a.m.	- 10:45 a.m.	Morning Break
10:45 a.m.	- 12:00 p.m.	Workshop A
12:00 p.m.	- 1:30 p.m.	Lunch
1:30 p.m.	- 2:45 p.m.	Workshop B
2:45 p.m.	- 3:00 p.m.	Break
3:00 p.m.	- 4:15 p.m.	Workshop C
4:15 p.m.	- 5:30 p.m.	Publishers' Social
7:00 p.m.	- 10:00 p.m.	Licensed Hospitality

### **Tuesday, April 17, 2012**

8:00 a.m.	- 8:45 a.m.	Registration & Breakfast
9:00 a.m.	- 10:15 a.m.	Workshop D
10:15 a.m.	- 10:30 a.m.	Break
10:30 a.m.	- 11:45 a.m.	Workshop E
11:45 a.m.	- 12:00 p.m.	Break
12:00 p.m.	- 1:00 p.m.	Workshop F
1:00 p.m.	- 2:00 p.m.	Lunch
2:00 p.m.	- 3:15 p.m.	Keynote Address Garth Riley <i>"Face Factor Program: How Teachers &amp; Classroom Workers Can Use It"</i>
3:15 p.m.		Closing Remarks

# OASAR 2012 “We Can Cope”

Sunday, April 15, 2012

3:00 p.m. Early Check In and Registration

4:00 p.m. – 7:30 p.m. **safeTALK training**  
(Optional Opportunity for OASAR Conference Delegates)  
Space is limited to 30 participants; additional \$30 fee.  
*There will be refreshments provided for participants.*

This training opportunity is back by popular demand! Most people with thoughts of suicide invite help. Often these opportunities are missed, dismissed or avoided—leaving people more alone and at greater risk. safeTALK training prepares you to help by using TALK (*Tell, Ask, Listen and KeepSafe*) to identify and engage people with thoughts of suicide and to connect them with further help and care. It is intended that safeTALK participants will be better prepared to: recognize that invitations to help are often overlooked; move beyond common tendencies to miss, dismiss and avoid suicide; notice and respond to situations in which thoughts of suicide may be present; apply basic TALK steps (*Tell, Ask, Listen, and KeepSafe*); connect the person with thoughts of suicide to suicide first aid help and further community resources. Suicide alert community members are better prepared to become a vital link in connecting persons at risk with further help. This training is accredited through SPRC as a best practice training. Participants must commit to participating in the entire 3.25 hour program.

OASAR would like to thank Living Works for sponsoring this workshop!



**OASAR ANNUAL GENERAL MEETING**  
**Sunday, April 15, 2012**  
7:00 p.m. to 8:00 p.m.

**All Members are invited to attend!**



The OASAR Board of Directors encourages all members to attend the Annual General Meeting. Get more involved with OASAR . . . become a Director on the Board . . . join a committee . . . liaise with colleagues across the province! For more details and to receive an Information Package, **please contact** Joann Carrothers, President at [joanncarrothers@gmail.com](mailto:joanncarrothers@gmail.com)

**HOSPITALITY SUITE**  
**Sunday, April 15, 2012**  
8:00 p.m. to 10:00 p.m.



## Welcome to early arrivals from OASAR Board of Directors

This is a great opportunity to reconnect with old contacts and make new ones! Hospitality will include light refreshments as well as a mini presentation by Clay Melnike, OASAR Director of Visioning.

## 2012 Logo Contest Winner!



Our logo winner this year comes from a section 23 classroom in Hamilton and wishes to remain anonymous. His logo showcases his graffiti talents and is meant to depict different things that he uses to cope with stressors in his own life. The word "Cope" is written in the middle, and the camera, basketball, weights, and music are different tools that he finds helpful when handling difficult situations that can negatively affect mental health.



Second Place Winner  
Grade 12 student – Erin District High School  
Upper Grand District School Board

Third Place Winner  
Grade 12 student – Erin District High School  
Upper Grand District School Board



Remember to watch the website for the 2013 Logo Contest!

1<sup>st</sup> Prize: \$100

2<sup>nd</sup> Prize: \$50

3<sup>rd</sup> Prize: \$25

**Monday, April 16, 2012**

**REGISTRATION & BREAKFAST**

**8:00 a.m. – 8:45 a.m.**

**WELCOMING ADDRESS**

**9:00 a.m. – 9:15 a.m.**

**KEYNOTE ADDRESS**

**9:15 a.m. – 10:30 a.m.**

**DR. KATHIE NUNLEY**  
**“The Student’s Brain”**



This humorous and information-packed keynote highlights the significant brain issues of concern to educators and parents. Dr. Nunley will cover the issues that are causing many of us in education to re-think the way we deliver instruction, manage classrooms, and parent our children.

This presentation includes an overview of how the brain works, emphasizes the windows of opportunity in a child's brain development and looks at the issue of plasticity. Also covered are such hot topics as sleep, visual electronic stimulation, substance use and abuse and reward systems. Discover some very simple ways to make teaching more brain-compatible and enjoyable!

*Kathie F. Nunley delights parents and teachers from around the world with her practical and inspirational solutions to the challenges of today's fast paced, electronic world and diverse classrooms. Her popular books and workshops combine classroom experience with her current brain imaging research. A noted speaker at state, national, and international conferences, Dr. Nunley is the author of many books and articles on the brain and teaching in mixed-ability classrooms. Her work has been used by institutions and publications around the globe, including Family Circle and Canadian Living magazines, the Washington Post, the Boeing Corporations, and ABC's Extreme Makeover: Home Edition. She is a mother of four and the developer of the Layered Curriculum method of instruction. Dr. Nunley has spent over 20 years as a classroom teacher in both urban and suburban schools.*

**MORNING BREAK**  
**10:30 a.m. – 10:45 a.m.**

Take time to visit the many vendors and publishers! The resources are endless!



**SESSION A WORKSHOPS**  
**10:45 a.m. – 12:00 p.m.**

**A1**    **Layered Curriculum**    *Breakout Session*  
**Dr. Kathie Nunley**  
*Elementary and Secondary Student Focus*

[www.brains.org](http://www.brains.org)

Today's schools and classrooms can be overwhelming in their diversity. The secret to success is establishing and maintaining more student-centered programs of learning. Based on current brain research, *Layered Curriculum* is one of the easiest ways to differentiate instruction in any classroom. Simple, practical and easy to adapt, *Layered Curriculum* allows teachers to juggle learning styles, multiple intelligences, cultures, and mixed-abilities in one room without sacrificing standards. This 3 layered instructional model leads all students to higher levels of thinking, holds students accountable for learning and encourages success for even the most reluctant learners.

**A2**    **Empowering Pregnant And Parenting Youth**  
**Jo-Anne Rent and Eva Jaronski, Waterloo Region DSB and Karen Beck, TVDSB**  
*Secondary Focus*

What are the needs of pregnant and parenting youth, obstacles they face and various programs that have been put in place to support their diverse needs? As educators, we play an essential role in the success of our students by assisting their learning through programs that involve real life situations. Our interactive session will offer ideas and suggestions to empower these youth. Current practice and up-to-date knowledge shared with our students will be included.

**A3**    **suicideTALK: Suicide Prevention**  
**Wallis Balog, Living Works**  
*Elementary and Secondary, Support Workers Focus*

This session consists of a demonstration of a brand new web-based, interactive, suicide awareness program. Come and experience firsthand this new e-learning program that has been developed to achieve the following outcomes: increase awareness of suicide as a serious community health problem, reduce stigma associated with suicide that becomes a barrier to helping, promote hope and optimism through understanding the needs of the person at risk for suicide and motivate participants to become involved in any of a variety of suicide prevention activities in their local community. This session is courtesy of *LivingWorks Education*, Canadian developers of award-winning suicide prevention and intervention training programs used world-wide.

**A4**    **Plan For Less Stress In Your Job**  
**Tim Westhead**  
*Secondary Focus*

[www.timwesthead.com](http://www.timwesthead.com)

Want to decrease your stress level on the job? Want to make your teaching life happier? Take some useful planning tips and learn about dozens of excellent timesavers from a 30-year classroom veteran and former department head who's still smiling! This workshop includes ideas for new and experienced teachers of all high school subjects.

**A5, B5 Om4Youth: Bringing Yoga Into Youth Services**  
**Wendy Webster, Om4Youth**  
*Support Worker Focus*

As a result of delegate request, Wendy Webster is back to offer this double session to help train you how to facilitate yoga in your service. The workshop will focus on the why of teaching yoga

to youth, as well as discuss yoga history and philosophy, human developmental levels and behavioural challenges of youth, legislature/policy/child protection laws and agencies we partner and work with as well as segue into teaching yoga to children and youth, how to teach meditation, how to plan and sequence a class, teaching for success and planning a series of classes.

**Please note this is a double session workshop. Please enrol in B5 as well. Please see Session F for an extension to this training, focussed on incorporating multimedia therapy with yoga!**

**A6     Addiction: Crossing The Line**  
**Suzanne Burchell, HWDSB**  
*Secondary Focus*

This workshop will provide an exploration of addictions and youth, using approachable, 'anyone can do' drama activities to understand the nature of addiction.

**A7     Intellitools Classroom Suite: An Intervention Tool For All Students**  
**Microcomputer Science**  
*Elementary and Secondary Focus*

Classroom Suite is a unique intervention tool that combines direct instruction with a flexible tool to help all students, including Autistic, Low Functioning and Learning Disabled individuals. Using an interactive White Board with Classroom Suite, students are provided with explicit instruction, constructive practice and embedded assessments, which allow teachers to gauge progress and individualize instruction for their student. The tool is specifically designed to build reading, writing and math skills.

*Workshop is hands-on with individual laptops and an interactive whiteboard.*

**A8, B8 Making It Work: Navigating Mental Health Issues**  
**Ron Vandecasteele and Michael Roberts, TVDSB**  
*Elementary and Secondary Focus*

This presentation will look at mental health issues affecting our elementary-aged students. Session one is a brief overview of the most prevalent Mental Health Diagnoses that we encounter in our schools. We will examine educational implications and classroom strategies. During session two, breakout groups will examine case studies to further explore practical classroom strategies.

**Please note that this is a double session workshop. Please register in B8 as well.**

**LUNCHEON**  
**12:00 p.m. – 1:30 p.m.**



After lunch, be sure to take time to visit the many wonderful displays by our Publishers and Vendors!



## SESSION B WORKSHOPS

1:30 p.m. – 2:45 p.m.

**B1 suicideTALK: Suicide Prevention**  
**Wallis Balog, Living Works**  
*Elementary and Secondary, Support Workers*

This session consists of a demonstration of a brand new web based, interactive, suicide awareness program. Come and experience firsthand this new e-learning program that has been developed to achieve the following outcomes: increase awareness of suicide as a serious community health problem, reduce stigma associated with suicide that becomes a barrier to helping, promote hope and optimism through understanding the needs of the person at risk for suicide and motivate participants to become involved in any of a variety of suicide prevention activities in their local community. This session is courtesy of *LivingWorks Education*, Canadian developers of award-winning suicide prevention and intervention training programs used worldwide. **Note—this is a repeat of Session A3.**

**B2 Living With Bipolar**  
**Tracey Crewson, UGDSB**  
*Elementary and Secondary Focus, Support Workers*

In this presentation, EA Tracey Crewson will share her personal journey with having Bipolar Illness in a candid, humorous and at times, heart-wrenching manner with the goal of educating and reducing the stigma around mental health illnesses. You will learn and understand more about mental health after hearing this story.

**B3 The Lost Art Of Listening**  
**Brad Woods, UGDSB**  
*Elementary and Secondary Focus*

Stories are at the root of everything we do, everything we are, and everything we want to be. However, we often neglect the power and beauty of the spoken word in this distracted era. In this workshop, Storyteller Brad Woods will use traditional tales, original stories, and family lore to explore how stories told in the classroom can help students in a variety of ways.

**B4 Hidden Sorrow: Teens And Loss**  
**Gillian Stevens, UGDSB**  
*Secondary and Support Workers Focus*

This workshop is a synergy of information and practical strategies with the goal of increasing your comfort level with death, dying and skills that result in working more effectively with grieving teens. Topics to be discussed are the differences between girls and boys and loss, adolescent grieving styles and how we can help youth build resiliency. Learn how to facilitate a youth support group with a focus on celebration of the grieved person and their legacy. Attendance and engagement at school and in life are possible when we, as teachers and counselors, familiarize ourselves with the ways and means to help ourselves, each other and our students in understanding and coping with the great mystery--death.

**B5, A5 Om4Youth: Bringing Yoga Into Youth Services**  
**Wendy Webster, Om4Youth**  
*Support Worker Focus*

As a result of delegate request, Wendy Webster is back to offer this double session to help train you how to facilitate yoga in your service. The workshop will focus on the why of teaching yoga

to youth, as well as discuss yoga history and philosophy, human developmental levels and behavioural challenges of youth, legislature/policy/child protection laws and agencies we partner and work with as well as segue into teaching yoga to children and youth, how to teach meditation, how to plan and sequence a class, teaching for success and planning a series of classes.

**This is a double session workshop. Please register in A5 as well. Please see Session F for an extension to this training, focussed on incorporating multimedia therapy with yoga!**

**B6      Everybody Is Somebody!**  
**Kelly Clark and Alex Seymor**  
*Elementary Focus*

[www.whoisnobody.com](http://www.whoisnobody.com)

Students are surrounded by confusing messages about how to build self-esteem. *Who Is NOBODY?/Qui est PERSONNE?* helps students discover their strengths and put them into action to make a difference. The result is that students build a sense of purpose and belonging by applying the curriculum to real-life experiences that guide career, student and interpersonal development.

**B7      Claro: Building Writing Confidence Using Effective Multi-Sensory Solutions For Reading And Writing, Visual Brainstorming And Wordbanks**  
**Rayne Tunley, Microcomputer Science**  
*Elementary and Secondary Focus*

Reading and writing is at the heart of all learning but, unfortunately, the act of reading and writing can present challenges to students on many levels. Claro Software can make a difference in the student's learning experience in many ways. This presentation will explore three different pieces of Claro Software - ClaroRead, ClaroIdeas, and Oska Wordbanks - that are designed to assist any student with all areas of the reading and writing process.

**B8/A8 Making It Work: Navigating Mental Health Issues**  
**Ron Vandecasteele and Michael Roberts, TVDSB**  
*Elementary and Secondary Focus*

Session one is a brief overview of the most prevalent Mental Health Diagnoses that we encounter in our schools. We will examine educational implications and classroom strategies. During session two, breakout groups will examine case studies to further explore practical classroom strategies.

**Please note that this is a double session workshop. Please ensure that you are also registered in A8.**

**B9      Keep Your Chins Up In Retirement**  
**Tim Westhead**

[www.timwesthead.com](http://www.timwesthead.com)

*Focus - All delegates looking to retire within the next five years*

Planning to retire within the next five years? Want to make your new lifestyle even more satisfying? Take some useful tips and learn about dozens of ways to ease the transition from a 30-year classroom veteran who's now smiling in his retirement! This workshop does not include financial details or retirement forms.

**AFTERNOON BREAK**  
**2:45 p.m. – 3:00 p.m.**

**SESSION C WORKSHOPS**  
**3:00 p.m. – 4:15 p.m.**

- C1 FAB: A Passion For Helping Young Girls Become Strong Women**  
**Sharon Gallant, FAB**  
*Elementary and Support Worker Focus*

*Fit Active Beautiful Foundation* aims to inspire young girls living in lower income communities to dream big and live big by challenging them to take on a 5K run. The *FAB Girls 5K Challenge* program is a 12 week journey of self discovery, goal setting and finally, goal realization as young girls train for and complete a 5 k community run. In this session, you'll hear the background story of the founder and her drive to create an experience that will plant a seed of 'I CAN' in the minds of young girls.

- C2 Reading, Writing With Multi-Sensory Tools Made Easy**  
**Microcomputer Science**  
*Elementary and Secondary Focus*

*Does it help to bundle different programs together to assist students in their educational process? This session explores exactly that question! Join us and see how mingling four powerful programs - ClaroRead, Dragon Naturally Speaking, LiveScribe and AudioNoteTake – together can facilitate new literacy and learning strategy development.*

- C3 Drug Identifiers And Concealment**  
**Sargeant Darren Strongman and Detective Constable Mike Powell, Port Hope Police Service**  
*Secondary and Support Workers Focus*

This innovative presentation will include information on drug trends and investigations as well as drug identifiers and methods of concealment from a law enforcement perspective.

- C4 Compassion Fatigue And Burnout - Exploring Creative Solutions**  
**Peter Ferguson, TVDSB**  
*Elementary and Secondary Focus*

Compassion fatigue has been described as the “cost of caring” for others in pain. It has been recognized that while the work of helping those in need can be difficult, the “helper” must become aware of the signs and symptoms of compassion fatigue. This workshop will provide an overview of CF and burnout and give participants an opportunity to take stock (reflect) and develop a plan to manage the stress in their lives.

- C5 Facilitated Networking Workshop – Youth Worker Focus**  
**Facilitated by Clay Melnike, OASAR Director**

This session will provide youth workers and other support staff an opportunity to network, share best practices and problem-solve current issues they face in their roles. Please bring any issues or topics that you would like discussed throughout this session. Feel free to email your facilitator in advance with ideas and our session planning will reflect your thoughts!

[claymelnike@murraymckinnon.ca](mailto:claymelnike@murraymckinnon.ca)

**C6 Facilitated Networking Workshop - Using Assistive Technology In The Classroom  
Facilitated by Rayne Tunley, Microcomputer Science**

This session will provide delegates utilizing assistive technology in their classroom an opportunity to discuss various components of AT. Discussion will include best practices and a chance to brainstorm suitable equipment and resources, as well as troubleshoot any issues. Please bring ideas that you would like discussed through this session and feel free to email your facilitator in advance at [tracy.hunter006@gmail.com](mailto:tracy.hunter006@gmail.com)

**C7 Motivating Your Section 23 Students To Succeed  
Josef Balazic, TCDSB  
Elementary and Child & Youth Worker Focus**

This workshop will focus on the link between cognitive and behaviour theory and inspiring students who have experienced adversity to succeed in the classroom. Elements of positive psychology, contingency and cognitive-based interventions will be presented. Practical strategies will be demonstrated including differentiated classroom management and instruction and how to use praise effectively for academic and blended social skills tasks. Many handouts and resources will be provided.

**C8 Facilitated Networking Workshop – Working In A Section 23 School  
Facilitated by Tracy Hunter, UGDSB**

This session will provide Section 23 teachers and counsellors an opportunity to network to share ideas, best practices, and problem-solve current issues in the Section 23 environment. Please bring any issues or topics that you would like discussed throughout this session. Feel free to email your facilitator in advance with ideas and our session planning will reflect your thoughts!  
[tracy.hunter006@gmail.com](mailto:tracy.hunter006@gmail.com)

**C9 Exhibitor Perusal**

Delegates are encouraged to take this workshop time to get a head-start on a thorough exhibitor and vendor perusal.

**PUBLISHERS' & VENDORS' WINE & CHEESE SOCIAL**

**4:15 p.m. to 5:30 p.m.**



Please join us for this annual event!

OASAR would like to thank the Publishers & Vendors for sponsoring this Wine & Cheese Social!  
Visit the displays . . . Network with colleagues!

The Silent Auction closes at the Publishers' & Vendors' Wine & Cheese Social—get your bids in!  
Proceeds go to supporting “students at risk.” Members—be sure to pick up your application to send a student from your area to a leadership camp, workshop, etc.



**LICENSED HOSPITALITY**

**7:00 p.m. – 10:00 p.m.**

*Please join us to network, share OASAR memories, renew acquaintances . . .  
and meet new ones!*

**Tuesday, April 17, 2011**

**REGISTRATION & BREAKFAST**  
**8:00 a.m. – 8:45 a.m.**

**SESSION D WORKSHOPS**  
**9:00 a.m. – 10:15 a.m.**

**D1 Reaching & Engaging Today's Youth Through Interdisciplinary Programming**  
**Paul Freier, Andrea Goveas, Mary Nanavati, Peel DSB**  
*Elementary, Secondary, Support Worker Focus*

Twenty-first century learners need to live in a world of innovation, global connectivity, adaptation to rapid change and social responsibility. Today's youth need variety, flexibility, creativity, close relationships with teachers, a sense of belonging, mentorship, a curriculum with depth, breadth and real world connections. Fletcher's Meadow has been able to demonstrate that *Interdisciplinary Programming* reduces lateness, absences and negative behaviour leading to suspensions, and increases credit accumulation rates, student engagement and student self-advocacy. Students appreciate the holistic approach to learning that ultimately creates a richer learning experience with real world connections. This workshop will share real life examples of student success.

**D2 Mental, Emotional And Physical Health Through STRESS Relief With *HeartMath***  
**Jane Milligan**  
*Elementary, Secondary, Support Worker Focus*

STRESS is the culprit in emotional outbursts and inappropriate behaviour causing inability to focus and learn, resulting in poor academic performance and is the cause of all major illness. Learn this amazing 3 minute *HeartMath* technique to change who students are, and improve the atmosphere in the classroom for everyone.

**D3 Getting Out There!**  
**Rose MacDonald, Hamilton And District Extend-A-Family**  
*Elementary, Secondary, Support Worker Focus*

This presentation will explore the many benefits of IBI therapy and social and recreational opportunities for children and youth with high functioning ASD. Through discussion, based on real life examples and case studies, we will explore how getting connected can help improve the quality of life drastically for the ASD child and his or her family. This presentation will emphasize the importance of resource support and will provide ideas for how to access those resources.

**D4 It Gets better? Make It Better NOW!**  
**Deirdre Pike, SPRC, Mohawk College**  
*Elementary, Secondary, Support Worker Focus*

This workshop will explore issues that "LGBTTIQQ" (lesbian, gay, bisexual, transsexual, transgendered, two-spirited, intersexed, queer, and questioning) children and youth face in their lives at home, at work, at school, and in life. Explore some of the current issues and statistics related to gender identity and sexual orientation, as well as the impact of language and media. Learn how to build inclusivity in your everyday life and create a more positive space for LGBTQ students.

**D5, E5 Yoga In The Classroom****Wendy, Webster, Om 4 Youth***Elementary and Secondary Teachers Focus*

As a result of delegate request, Wendy Webster is back to offer this double session to help train you how to facilitate yoga in your service. The workshop will focus on the why of teaching yoga to youth, as well as discuss yoga history and philosophy, human developmental levels and behavioural challenges of youth, legislature/policy/child protection laws and agencies we partner and work with as well as segue into teaching yoga to children and youth, how to teach meditation, how to plan and sequence a class, teaching for success and planning a series of classes.

**This is a double session. Please register in E5 as well. Please also see Session F for an optional extension to this training, focussed on incorporating multimedia therapy with yoga!**

**D6 Working With Wounded Bears****Sherri Vansickle, GEDSB***Elementary, Secondary, Support Worker Focus*

We will be taking a look at wellness from a First Nations perspective utilizing the Teachings of the Medicine Wheel. This is an interactive workshop. We will share strategies, stories and understanding with the hope of making a positive change for future generations.

**D7 Blended Learning: Providing The Best Of Both Worlds For At-Risk Students****Rose Burton-Spohn, Ministry of Education***Elementary and Secondary Teacher Focus*

Can combining both face-to-face and online learning help at-risk students remain engaged? Discover what parents and publicly-funded school boards have to say about how the digital tools and content provided by the Ministry can be used to make learning relevant to Ontario students.

**D8 DT and AT Trainer: Inspirational! Motivational! Enhancing Independent Task Performance For Individuals With Autism****Microcomputer Science***Elementary, Secondary, Educational Assistant Focus*

During this workshop, we will discover how Discrete Trial (DT) Trainer and Activity (AT) Trainer assist in receptive language – in listening and understanding what is communicated. We will also explore how they benefit early academics, life skills and how they all work together to inspire independence and self-esteem.

**D9 Kurzweil 3000: A Boost for Self-Efficacy****Microcomputer Science***Elementary, Secondary, Educational Assistant Focus*

Join us in this exciting hands-on workshop where we will explore how Kurzweil 3000 supports the development of knowledge. We will explore many aspects of this program from reading, writing, study skills to research and development. We will brainstorm how Kurzweil 3000 is a benefit for all, "thinking outside the box" and explore many avenues of implementation. This workshop is not to be missed! *This workshop is hands-on with individual laptops and interactive whiteboard.*

**MORNING BREAK**  
**10:15 a.m. – 10:30 a.m.**

**SESSION E WORKSHOPS**  
**10:30 a.m. – 11:45 a.m.**

**E1 Mental, Emotional And Physical Health Through STRESS Relief With *HeartMath***  
**Jane Milligan, HeartMath,**  
*Elementary, Secondary, Support Worker Focus*

STRESS is the culprit in emotional outbursts and inappropriate behaviour causing inability to focus and learn, resulting in poor academic performance and is the cause of all major illness. Learn this amazing 3 minute *HeartMath* technique to change who students are and improve the atmosphere in the classroom for everyone. *Note: this workshop is a repeat of Session D2.*

**E2, F2 Striving For Success: Teaching Students Who Have FASD**  
**Stephanie Jones, UGDSB**  
*Elementary, Secondary, Support Worker Focus*

This session will help teachers and support staff work with students who have FASD or suspected FASD. Audience members will learn what FASD is, how it presents in the classroom and most importantly how to create a positive learning environment for students.

**Please note that this is a double session workshop. You must register in F2 as well.**

**E3 It's All In The Beads**  
**Sherri Vansickle, GEDSB**  
*Elementary, Secondary, Support Worker Focus*

In this presentation, we will take a look at what makes our First Nations students at risk for all kinds of issues in education. We will look at Native education from residential schools to today through the lens of Haudenosaunee (Iroquois) teachings. We will share strategies and understanding with the hope of making a positive change for future generations.

**E4 Getting Out There!**  
**Rose MacDonald, Hamilton and District Extend-A-Family**  
*Elementary, Secondary, Support Worker Focus*

This presentation will explore the many benefits of IBI therapy and social and recreational opportunities for children and youth with high functioning ASD. Through discussion, based on real life examples and case studies, we will explore how getting connected can help improve the quality of life drastically for the ASD child and his or her family. This presentation will emphasize the importance of resource support and will provide ideas for how to access those resources. *Note: this workshop is a repeat of Session D3.*

**E5, D5 Yoga In The Classroom**  
**Wendy, Webster, Om 4 Youth**  
*Elementary and Secondary Focus*

As a result of delegate request, Wendy Webster is back to offer this double session to help train you how to facilitate yoga in your service. The workshop will focus on the why of teaching yoga to youth, as well as discuss yoga history and philosophy, human developmental levels and behavioural challenges of youth, legislature/policy/child protection laws and agencies we partner and work with as well as segue into teaching yoga to children and youth, how to teach meditation, how to plan and sequence a class, teaching for success and planning a series of classes.

**This is a double session. Please register in D5 as well. Please also see Session F for an optional extension to this training, focussed on incorporating multimedia therapy with yoga!**

**E6 Love Is Not Abuse: Responding To Teen Dating Violence**  
**Dana Gillespi, Catholic Family Services of Hamilton**  
*Elementary and Secondary Focus*

From Edward and Bella to Chris and Rihanna, our teenagers are consistently sent romanticized messages that violence, abuse, power and control in relationships are a sign of love, not a big deal, and acceptable. This workshop will help educators understand the prevalence of violence in teen relationships, assist in your ability to know the subtle warning signs and provide you with the tools to intervene in a way that is helpful and empowering.

**E7, F7 Motivational Interviewing**  
**Tom Walker, Canadian Training Institute**  
*Elementary, Secondary, Support Worker Focus*

As an addictions and mental health counsellor for youth and families, Tom has experience with a variety of strategies for engaging high risk clients. This presentation will introduce delegates to ideas behind and strategies for successfully implementing motivational interviewing techniques. **Please note that this is a double session. You should also be registered in F7.**

**E8 The Dyslexia Revolution: Ginger Software Takes Text Correction And Progress Tracking To The Next Level**  
**Microcomputer Science**  
*Elementary, Secondary, Educational Assistants Focus*

Traditional spelling techniques are not ideal for people who suffer from dyslexia for they are unable to recognize their misspellings, making incorrect or misleading suggestions. This workshop will give you hands-on experience with *Ginger*, a breakthrough automatic spell and grammar checker that enables writers to independently generate error-free writing with unprecedented accuracy. The workshop will demonstrate how this exceptional software benefits and gives confidence to all of your students in turning their ideas into text.

**E9 Bullying**  
**Garth Riley, CHEX Television**  
*Elementary, Secondary, Support Worker Focus*

This presentation is geared towards helping teachers develop a solid understanding of the impact of bullying in the school environment, including reviewing how the internal bully can limit success.

**BREAK**  
**11:45 a.m. – 12:00 p.m.**

**SESSION F WORKSHOPS**  
**12:00 p.m. – 1:00 p.m.**

**F1 Working With Difficult Students With Difficult Parents**  
**Janice Hughes,GEDSB**  
*Elementary and Secondary Focus*

This workshop will provide delegates with the opportunity to work through some case scenarios and look at the role history can play in creating barriers for success to students. Handy resources and ideas for dealing with hard to handle parents will be included.

**F2, E2 Striving For Success: Teaching Students Who Have FASD**  
**Stephanie Jones, UGDSB**

*Elementary, Secondary, Support Worker Focus*

This session will help teachers and support staff work with students who have FASD or suspected FASD. Audience members will learn what FASD is, how it presents in the classroom and most importantly how to create a positive learning environment for students.

**Please note that this is a double session workshop. You must register in Session E2 as well.**

**F3 InReach – Gang Prevention Collaborative**  
**inReach Waterloo**

*Elementary, Secondary, Support Worker Focus*

InREACH is a comprehensive strategy to assist youth currently involved, associated or thinking about joining a gang by providing support in the areas of mental health, substance use, education, employment and family support. The presentation will focus on key aspects of developing a collaborative/movement of a community, coupled with learnings and best practices of working directly with gang-involved or gang-vulnerable youth.

**F4 Life Coaching For Challenged Youth.... Tools And Techniques!**  
**Clay Melnike, Murray McKinnon**

*Support Worker Focus*

The session will begin with an overview of the CTI Life Coaching Model and the modifications required for it to be effective with challenged youth. This will be followed by the sharing of several practical life coaching tools and techniques that have been effective with at-risk youth in the Durham Region. We will conclude the session by having all participants meet their "future-self" through a mental imagery exercise. You will not only leave this session with some great coaching ideas for youth, but a sneak preview of what your life will look like 20 years from now!

**F5 Om4Youth Art Therapy**  
**Wendy Webster, Om4Youth**

*Elementary, Secondary, Support Worker Focus*

As an extension of previous sessions or as a separate interest, this workshop will explore how to integrate creative arts therapy into your classroom or other work environment. This presentation will also include an opportunity to explore different art materials that can be used with students.

**F6 Youth Outreach**  
**MaryAnn Sly-Kensley, Community Addictions Outreach**

*Secondary and Support Workers Focus*

This presentation aims to provide an outreach perspective to working with youth at risk. The workshop will include discussion about building rapport with transitional-aged youth in order to assist them in their own problem-solving of risky behaviours using a harm-reduction approach.

**F7, E7 Motivational Interviewing**  
**Tom Walker, Canadian Training Institute**

*Elementary, Secondary, Support Worker Focus*

As an addictions and mental health counsellor for youth and families, Tom has experience with a variety of strategies for engaging high risk clients. This presentation will introduce delegates to ideas behind and strategies for successfully implementing motivational interviewing techniques.

**Please note that this is a double session. You should also be registered in Session E7.**

**F8 No Safe Space: Exploring The Impact And Response To Children Witnessing Violence**  
**Dana Gillespie-Tozer, Catholic Family Services of Hamilton**  
*Elementary and Secondary Focus*

Every day, thousands of our children go home to the chaos of punched-in walls, cancelled family outings, yelling and screaming, and shattered relationships. This workshop will explore the impact of children witnessing violence, help the educator spot the signs of witnessing, and outline the role educators can play in being supportive allies to children and their non-abusive parent(s).

**LUNCH**  
**1:00 p.m. – 2:00 p.m.**

**KEYNOTE ADDRESS**  
**1:45 p.m. – 3:00 p.m.**

**GARTH RILEY**  
**“FACE FACTOR PROGRAM:**  
**HOW TEACHERS & CLASSROOM WORKERS CAN USE IT”**

The old saying, ‘It is written all over their face’ is actually true; the trick is in learning to read faces! We have all heard about “body language.” Now you can learn about how people’s faces also show how they view the world, their styles of communication, and actions.

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*Garth Riley has over 10 years experience in the media and public eye. Through his work, he has interviewed over 700 guests, including Dr. Patch Adams. He has been recognized as a community leader and advocate for non-profit organizations. Garth Riley is the creator of “FACE as a BOOK” training. He will share his understandings about facial recognition with attendees in a way that is entertaining, engaging, and informative.*



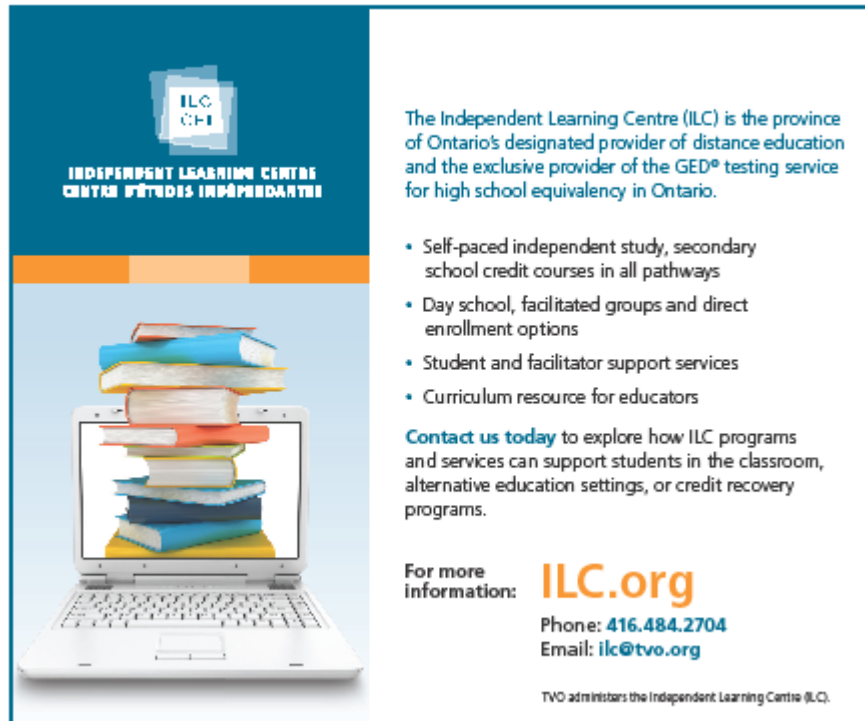
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**Saturday, March 31, 2012**

**Contact the following for more information**

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